**Medications**

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| Amitriptyline 50mg/5ml oral solution sugar free – take 1ml (10mh) at NIGHT as directed |
| Artificial saliva pastilles - take when needed |
| Artificial saliva spray 50 ml - use as directed |
| Beclometasone 50micrograms/dose nasal spray - two puffs each nostril twice a day |
| Codeine 25mg/5ml oral solution - Take 6-12mls FOUR times a day as directed |
| Docusate 50mg/5ml oral solution sugar free - Take 20mls (200mg) at NIGHT for constipation |
| Famotidine 20mg tablets - take one twice daily |
| Fexofenadine 180mg tablets - take one twice daily |
| Fortisip 2kcal liquid - take one twice daily |
| Hydroxocobalamin 1mg/1ml solution for injection ampoules - inject every 2 months |
| Hydroxychloroquine 200mg/5ml oral solution - Take 5ml (200mg) DAILY |
| Lansoprazole 30mg orodispersible tablets - take one once daily |
| Melatonin 2mg modified-release tablets - take one at night |
| Metoclopramide 5mg/5ml - Take 10mls THREE times a day as directed |
| Midodrine 5mg tablets - take 2 three times a day as directed by specialist |
| Olanzapine 10mg orodispersible tablets sugar free - take one daily |
| Ondansetron 4mg/5ml oral solution - Take 5mls (4mg) TWICE a day as required |
| Rotigotine 4mg/24hours transdermal patches - Apply ONE patch to the skin ONCE a day and remove 24 hours later as directed in the instructions. |
| Sodium cromoglicate 100mg/5ml oral solution 5ml unit dose ampoules - Use TWO ampoules up to FOUR times a day as directed |
| Tizanidine 2mg/5ml oral solution - Take 5mls (2mg) TWICE a day as directed |
| Topamax 50mg sprinkle capsules - Use ONE capsule at NIGHT as directed |

**Unsuccessful Medications**

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| Azithromycin – negative reaction |
| Glycerol suppositories – stopped helping |
| Lactulose – no help |

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| **Diagnosis** | **Specialist in Charge** |
| Retinal/Ocular Migraines | Neurology |
| Mast Cell Activation Syndrome (MCAS) | Neurogastroenterology |
| Restless Leg Syndrome (Willis Ekbom) | Neurology |
| Hypermobile Ehlers Danlos Syndrome (hEDS) | Rheumatology |
| Occipital Neuralgia | Neurology |
| Chronic Anaemia | GP |
| Pernicious Anaemia | GP |
| Mixed Connective Tissue Disease | Rheumatology |
| Obstructive Sleep Apnoea | Sleep Respiratory |
| Intestinal Failure | Neurogastroenterology |
| Colonic Inertia | Neurogastroenterology |
| Chronic Nausea | Neurogastroenterology & Neurology |
| Postural Orthostatic Tachycardia Syndrome (PoTS) | Cardiology |
| Mild Interstitial Lung Disease | Respiratory |
| Allergic Rhinitis | GP |

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| **Specialism** | **Specialist** |
| Neurology | Dr X at hospital Y |
| Opthalmology | Dr X at hospital Y |
| Neurogastroenterology & Gastroenterology | Dr X at hospital Y |
| Sleep | Dr X at hospital Y |
| Rheumatology | Dr X at hospital Y |
| Cardiology | Dr X at hospital Y |
| Respiratory | Dr X at hospital Y |
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| **GP** | Dr Z at A Surgery |

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| **Intolerances & Allergies** | **Notes** |
| No NSAIDS (risk of GI complications) | Patches x 2 must not remain on in an MRI |
| Histamine intolerance | Total left hip replacement in March 2019 |
|  | CPAP user |
|  | NJ tube placed 6/7/21 |