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| Medication |
| *Artificial saliva spray 50 ml - use as directed* |
| *Amitriptyline 10mg tablets – take two at night* |
| *Beclometasone 50micrograms/dose nasal spray - two puffs each nostril twice a day* |
| *Codeine 30mg tablets - Take ONE to two tablets up to FOUR times a day if required.* |
| *Cyclizine 50mg/1ml solution for injection ampoules - one 3 times a day as needed.* |
| *Hydroxocobalamin 1mg/1ml solution for injection ampoules - inject every 2 months* |
| *Midodrine 5mg tablets - take 2 three times a day as directed by specialist* |
| *Prochlorperazine 3mg buccal tablets - 1-2 Twice Daily - Place tablet high up between upper lip and gums and leave to dissolve* |
| *Rotigotine 4mg/24hours transdermal patches - Apply ONE patch to the skin ONCE a day and remove 24 hours later as directed in the instructions.* |
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| **Diagnoses/Under Investigation** | **Specialist** |
| *Migraines* | *Neurology* |
| *Chronic Anaemia* | *GP* |
| *Lupus SLE* | *Rheumatology* |
| *Obstructive Sleep Apnoea* | *Sleep Respiratory* |
| *Gastroparesis* | *Gastroenterology* |
| *Postural Orthostatic Tachycardia Syndrome (PoTS)* | *Cardiology* |
| *Interstitial Lung Disease* | *Respiratory* |
| *Restless Leg Syndrome* | *Neurology* |
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| **Specialism** | **Specialist** |
| *Neurology* | *Insert the name and hospital of your consultant/doctor/GP* |
| *GP* |  |
| *Rheumatology* |  |
| *Sleep Respiratory* |  |
| *Gastroenterology* |  |
| *Cardiology* |  |
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| **GP** |  |

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| **Intolerances & Allergies** | **Notes** |
| *No NSAIDS* | *Patches must not remain on in an MRI* |
| *Histamine intolerance* | *Total left hip replacement in March 2019* |
| *Azithromycin* | *CPAP user* |
| *Montelukast* |  |

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| **Unsuccessful medications** |
| *Azithromycin – negative reaction* |
| *Glycerol suppositories – stopped helping* |
| *Lactulose – no help* |
| *Metoclopramide – no help* |
| *Rizatriptan – no help* |
| *Ropinirole – no help, negative reaction at higher doses* |